

Crisis Lines

New Mexico

*** In case of any emergency call 911 ***

Note: Those who are Deaf/Hard of Hearing may call 711 and Relay NM will connect with any phone number listed below.

New Mexico Crisis and Access Line (NMCAL) 1-855-NMCRISIS (662-7474) Toll free in NM (se habla español) 1-855-227-5485 TTY nmcrisisline.com Professional mental health counselors answer calls 24 hours a day. They provide support for people in crisis and people who know someone who is in crisis.	National Suicide Prevention Lifeline 1-800-273-TALK (8255) Toll free (se habla español) 1-800-799-4889 TTY (2 pm – 2 am EST Monday – Friday) Live chat: suicidepreventionlifeline.org The Lifeline is a confidential suicide prevention hotline and live online chat available 24 hours a day to anyone in suicidal crisis or emotional distress.
Veterans Crisis Line 1-800-273-8255, press 1 Toll free (se habla español) 1-800-799-4889 TTY Send a text message to 838255 Live chat: veteranscrisisline.net Qualified responders from the Department of Veterans Affairs provide confidential support 24 hours a day to veterans in crisis and to their families and friends.	Rape Crisis Center of Central New Mexico 505-266-7711 Local Albuquerque number (se habla español) 1-888-811-8282 (se habla español) RapeCrisisCNM.org Live chat: Ohl.rainn.org/online This 24-hour crisis hotline and online chat service provides support, crisis intervention, resources, and counseling and referrals to anyone affected by sexual violence.
Solace Crisis Treatment Center 1-800-721-7273 Toll free in NM (se habla español) findsolace.org Solace offers a 24-hour crisis advocacy hotline to help anyone who is in crisis or suffering from trauma.	National Sexual Assault Hotline 1-800-656-HOPE (4673) (se habla español) rainn.org/get-help/national-sexual-assault-hotline Live chat: Ohl.rainn.org/online This confidential hotline and online chat service of the Rape, Abuse and Incest National Network (RAINN) is available 24 hours a day.
Agora Crisis Center 1-866-HELP-1-NM (435-7166) Toll free in NM Live chat: agoracares.org Trained hotline and online specialists provide help for anyone in need of emotional support in both crisis and non-crisis situations.	S.A.F.E. House Statewide Domestic Violence Hotline 1-800-773-3645 safehousenm.org The 24-hour Shelter and Family Empowerment (S.A.F.E) hotline provides crisis support and referrals as needed for shelter and other services. Interpreter services are available 24 hours a day for Spanish, German, Vietnamese, Chinese and French.
La Piñon Sexual Assault Recovery Services 1-888-595-3437 Toll free in NM (se habla español) 575-526-3437 Local Las Cruces number (se habla español) lapinon.org Advocates provide 24-hour hotline crisis and first response services to survivors of sexual assault. La Piñon also provides comprehensive sexual assault recovery services for sexual abuse victims and their families.	Community Against Violence (CAV) 575-758-9888 Local Taos number (se habla español) taoscav.org CAV offers a 24-hour confidential crisis hotline for victims of domestic and sexual violence. Responders can provide emotional support, safety planning, advocacy and information.

Questions? Call the CDD Information Network at

1-800-552-8195 or 505-272-8549

www.cdd.unm.edu/infonet